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THE M FIELD: LIMITLESS POTENTIAL

by Laurie A. Monroe

The more we improve humankind, the more our prospects improve. One major improvement is equal to one hundred minor ones.” ~ Robert A. Monroe, *Ultimate Journey*

Throughout *Ultimate Journey*, my father’s growing understanding of his true multidimensional nature was evidenced by his realization that his Inspec guides were really himself. This realization led him to delve deeper into his understanding of M Field energy. The M Field information had been given to him as a ROTE (Related Organized Thought Energy) so the task of explanation was even more difficult, especially given the magnitude of the topic and its implications.

Simply defined, the M Field is a nonphysical energy field permeating time/space—including our Earth Life System. This broad field of frequencies operates both inside and outside of time/space. The M Field contains all of the frequencies in LIFE, an acronym for Layered Intelligence Forming Energy. All life forms have specific vibrational frequencies that resonate with the intelligent energy that creates physical matter. All matter came into form through manipulation of energy by that intelligence. All matter is therefore subject to it.

The M Field also contains frequencies in the form of thoughts and emotions. According to my father’s ROTE, every thought that LIFE has ever had exists in the M Field. This concept is compounded exponentially because all of current LIFE (yours and mine in present time/space) is a very small part of the picture. Not only all thoughts from our current life, but also those from our past lives—human, nonhuman, physical, and nonphysical—are in the M Field. This vast, confusing mass of thought-form energy exists within the M Field, and even what I have described is but a small slice of the totality.

My father described the M Field as an interactive system. He thought that the Intelligence within and underlying the M Field continually influenced all life. We humans feel the influence of the M Field through an Aligning Receptor. During times of meditation, contemplation, or prayer, we are able to consciously experience this influence while in physical form. An individual’s awareness is in phase with or attuned to certain parts of the M-Field radiation. If it is out of alignment with a given frequency, nothing is received. The thoughts of others also impinge on us and affect us subtly through our Aligning Receptors. After all, in the M Field there can be no separation of consciousness.

According to information from my father’s I-There, a small handful of people who have lived on Earth at various times understood the principles of utilizing M-Field energy. Some of them

were important political and religious leaders, but most of them went about their business unnoticed. Many could not explain their power to work “miracles,” but they did know that the key principle lay in an interactive system in which like energies attracted each other. Healing is a good illustration. Whatever method a healer uses, it evokes a fundamental emotional response in the person being healed. That response may help the person open up his or her Aligning Receptor to the frequencies necessary for healing. Once a connection is established, the M Field simply resonates with the emotional response. This resonance of frequencies accomplishes the healing.

My father explored the M Field for several reasons: first, he believed that such a field existed and that its influence could be felt; second, he acknowledged that this energy is exchanged between humans in every relationship—usually without their conscious knowledge. Acquiring the skill to manipulate M-Field energy is part of why we are Here. Utilizing that energy Here is very beneficial to the portions of our consciousness There.

Perhaps it is time for us to recognize that we are mature enough to use this energy consciously, for the benefit of all. As science continues to uncover the secrets of physical life—from molecules and atoms to the human genome and quantum physics—my father’s belief in the M Field concept may soon become a Known. Certainly, when this occurs, it will require a great deal of maturity on the part of those whose belief structures are affected to use the knowledge responsibly.

“The physical universe, including the whole of humankind, is an ongoing creative process.” If we have truly acquired the ability to use M Field energy, then we are poised to consciously create our own future by aligning ourselves with the highest frequencies. Group thought, especially when it is catalyzed by emotion, can be contagious and powerful. If we all envision a future that exemplifies unconditional love, compassion, and equality, then we will attract and resonate with frequencies that produce such a future. What does it mean to Know that we are all interconnected through the M Field? Each story in this issue is a personal account of tapping that inexhaustible reservoir of energy, with the potential to do so for the good of all LIFE.